Old Mill Swim Lessons are for Old Mill Residents Only! Swim lessons are offered for all ages children and adults at all different swim levels: non-swimmers, beginner swimmers and advanced swimmers.

To sign up for Group or Private swim Lessons contact Laurie McKnight at swimoldmill@outlook.com

There will be a 2 week group session in June ( June 11- June 22 ) and a 2 week session in July ( July 9-July 20). Each lesson will last 45 minutes and will be limited to 4 swimmers per group . A full session consist of 8 Lessons , but there will be extra days figured into the schedule to allow for Make up Lessons due to inclement weather , green pool conditions or any other unforeseen circumstances that may arise on any day during the Session that may cause a cancellation. Each swimmer should plan on swimming every day, Monday - Friday until the group completes 8 lessons .

There is also an option for Private Lessons that can be scheduled at your convenience on weekends and during the week at times that do not interfere with the scheduled Group Lessons .

To sign up for Group or Private lessons, please include the following Information.

- 1. Parents Names and Old Mill Address . ( Each Address will be verified and dues must be paid and in good standing to be able to participate in swim lessons at Old Mill Pool )
- 2. Swimmer's Name\_\_\_\_\_\_, Birthdate\_\_\_\_\_\_, age\_\_\_\_\_, and male or female.
- 3. Please list your 1st and 2nd choice and all sessions your swimmer is available for and if you will be out of town for any of the lessons. This will help with grouping as swimmers will be grouped according to age and/ or ability.
- 4. Tell me about your swimmer: list the level that you feel your swimmer should be placed based on the following descriptions.

Level 1 = Non-Swimmer = fears the water, scared to go under water, loves the water but can not swim or float on their own without assistance, first time in swim lessons or has had lessons in prior years.

Level 2 = Beginner Swimmer= can go under water, float on their Back and or front ,swims short distances but needs help breathing while swimming , first time in swim lessons or has taken beginner swim lessons in prior years.

Level 3= Advanced Swimmer = can swim across the pool Freestyle and Backstroke but needs stroke and technique work , along with learning flipturns and diving .

Payment Schedule is as follows:

Group Lessons are 8 Lessons for \$200.

Payment is due on the 1st day of swim lessons. You will also fill out a Liability Waiver on the 1st day of Lessons .

You may pay with a check or cash. If you are writing a check, make it payable to Laurie McKnight or Cash. If you are paying cash, please place it in a sealed envelope with your swimmer's name on it. There will be a collection box labeled swim lessons to place your payment in and a clipboard to fill out your waiver and place it in the storage part of the clipboard.

Group Lessons Schedule:

June Session = June 11-June 22

( swimmer attend everyday Monday -Friday until the group reaches 8 lessons)

Group 1 = 6:45p.m. - 7:30p.m

Group 2 = 7:30p.m. - 8:15p.m.

Group 3= 8:15 p.m- 9:00p.m.

July Session = July 9- July 20

(swimmers attend everyday Monday-Friday until the group reaches 8 Lessons)

Group 1 = 6:45p.m. - 7:30p.m.

Group 2 = 7:30p.m. - 8:15p.m.

Group 3= 8:15 p.m. - 9:00p.m.

## Private Lessons

Each Lesson is 30 minutes. And can be scheduled at your convenience on weekend or during the week at times that does not iterfere with the group Lessons. You will also sign a waiver on the 1st day and payment will be left in box labeled swim lessons and waivers on the clipboard and stored in the storage section of the clipboard.

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1 lesson = $35
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4 lessons = \$125.

Happy Swimming, Laurie McKnight